



Holiday Promotions You Don't Want To Miss!

Welcome!

The Holidays are upon us. Total Body Harmony is ready to serve your needs. From Gift Certificates, Herbal products to Contest Prizes; you will be able to give AND receive this season.

Featured Products

[Click here to view all products](#)

November Contest!



Reply to this Newsletter with **CONTEST** in the Subject by November 25th and be entered into a drawing for a **FREE 30min massage**. Can be redeemed from November 26th to December 26th.

Our Price: \$0

Auricular Therapy



What is Auricular Therapy? Stressed, in pain, over worked, craving holiday goodies? A quick, affordable non invasive relief to those seasonal blues. A great addition to any massage session or by itself.
Our Price: \$5.00 Always

Fire Cupping Now Available!



This ancient Chinese Practice is painless and effective for relaxation, and helps to ease stress and speed recovery of Bronchitis, Asthma, Digestive Disorders, Musculoskeletal pain and some Menstrual discomfort.

Our Price: \$50.00 per

topicProducts Available



Get your Holiday shopping done here! Gift Certificates and Herbal beautifying and healing creams, salves, and liniments.

Custom topical formulas available with consultation.

The ever popular "Rachel" cream. BUY ONE GET ONE 50% off! While

offered.

session(15-20min)
Add onto massage
session: \$20.00

supplies last.

"Rachel"

Toning and Nourishing.
Apricot Oil, Grapeseed
Oil, Distilled Water,
Aloe Gel, Rose Water,
Beeswax,
Lecithin, Vitamin E,
Lavender Essential oil.

Remember to get your name in the drawing by November 25th to win your free 30min massage!

"I don't fear death because I don't fear anything I don't understand. When I start to think about it, I order a massage and it goes away. "

[Hedy Lamarr](#)

Sincerely,

Nicole Aleskas
Total Body Harmony
(727)631-2985
www.totalbodyharmony.com

**Free Ear
Seeds!**

Get a 1hr massage session and add on Auricular
Therapy FREE!
One time Only.

Offer Expires: Dec. 1st 2010